



Term 4 - Week 4

Tuesday 3rd November 2020

# WESTY WHISPER

## Swim School 2020

With seven lessons down and three more to go, students from Years 1 to 6 are thoroughly enjoying the annual swim school program.



### What's on at Westy

#### Dates for your Diary

Monday 26th October-Friday 6th November

\*Swim School

Friday 13th November

\*Kinder Orientation Group 1

\*Payment/note for Wetlands excursions due

Friday 20th November

\*Kinder Orientation Group 2

Monday 23rd November

\*Yr 6 Farewell dinner payment/order due

Friday 27th November

\*Kinder Orientation Group 3

Tuesday 1st December

\*Stage 2 Wetlands Excursion

Wednesday 2nd December

\*Stage 3 Wetlands Excursion

Thursday 3rd December

\*Kinder & Stage 1 Wetlands Excursion

Tuesday 15th December

\*Year 6 Farewell Dinner

Wednesday 16th December

\*Last day of Term 4

Thursday 17th & Friday 18th December

\*Staff Development Days

Wednesday 27th & Thursday 28th January 2021

\*Staff Development Days

Friday 29th January 2021

First day of Term 1 for Years 1-6

#### Notes on the go...

Wetlands Excursions for all students 1st, 2nd & 3rd December

Year 6 Farewell dinner 15th December

NAIDOC Week activities & Recycling Week

**ANAPHYLAXIS and ALLERGIES – Thank you for your support in helping our students with allergies. Due to the life threatening Anaphylactic allergic reaction to nut and peanut products, we would like to encourage families not to send these products to school with their children. They include peanut butter, Nutella, sesame seeds, loose nuts, muesli, nut and chocolate bars.**

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## OFFICE NEWS

### SCHOOL EXCURSIONS

Last Friday students were given an information and permission note for excursions to the Wetlands Environmental Education Centre at Shortland. The excursions will take place in Week 8.

Stage 2 will attend on Tuesday 1st December, Stage 3 will be going on Wednesday 2nd December and Early Stage 1 and Stage 1 students will be going on Thursday 3rd December.

Please ensure you complete the permission note - this needs to be handed in at the front office. The preferred method of payment for all excursion is via the Parent Online Payment (POP) system.

Permission note and payment must be in by Friday 13th November (Week 5). Please do not request to pay late as your request will be declined. Late payments cannot be accepted. As per the information note there are no refunds available for these excursions.

### YEAR 6 NEWS

Last Friday students were given an information/permission note along with menu selections for the Year 6 Farewell Dinner. West Wallsend Workers Club has been booked for Tuesday 15th December. Please ensure your child's menu selections are handed in to the school office on or before Monday 23rd November (Week 7) - payment must be finalised by this date. There are no refunds for this event and late payments will not be accepted.

### KINDER ORIENTATION

Kinder orientation sessions commence in Week 5. Our new students have been split in to three groups and each group is attending a Friday morning transition with our amazing Kinder staff. Students will become familiar with our classrooms and classroom teachers. When parents drop their child off at the Wallace Street gate, they will receive an information pack containing lots of useful information. The boys and girls will also meet their buddies when they visit.

Last Wednesday parents visited the school by appointment to order clothing from the Uniform Shop. The P & C will contact parents when their order arrives.

### HATS AND CAPS

There has been a big increase in the number of girls and boys wearing a school cap or bucket hat in the playground. Each week six students are being rewarded with an iceblock after being issued with a PBL token. A reminder that hats and caps can be purchased from the front office. Please ensure your child's name is clearly written on all belongings.

### P & C NEWS

#### PRE-LOVED UNIFORMS

The following items have been kindly donated by Westy families. All are in very good to excellent used condition. Either a \$1 or \$2 coin is required for each item.

1 x size 6 dress 1 x size 6 girls royal blue long pants 1 x size 6 polo with logo

2 x size 8 Best & Less polo shirts 2 x size 8 boys long grey pants 1 x size 12 plain polo

1 x size 12 Sugarloaf shirt 2 x size 12 royal blue track pants 3 x size 12 girls royal blue long pants

## Online Enrolment Project

We are excited to announce we will be rolling out the new Online Enrolment System from Monday, 26 October 2020.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found on our website [westwalls-p.schools.nsw.edu.au](http://westwalls-p.schools.nsw.edu.au)

**I am pleased to confirm that our school will be participating in an important research project to investigate whether COVID-19 has had any impact on student learning and teacher morale.**

**The research is being undertaken by the University of Newcastle in Term 4, 2020**

**Only students in 3M and 4/5B will be participating. The research will involve the researchers being granted access to some student survey and assessment data, but it will not include the names of any of the students.**

**Parents who do not want the research team to have access to these data, can opt-out on their child's behalf. For further information about the research, please contact the research team's project manager (Wendy Taggart) at [wendy.taggart@newcastle.edu.au](mailto:wendy.taggart@newcastle.edu.au) or Matthew Bamborough at West Wallsend Public School on 49 53 29 30.**

**- Mr Matthew Bamborough  
Assistant Principal Wellbeing**

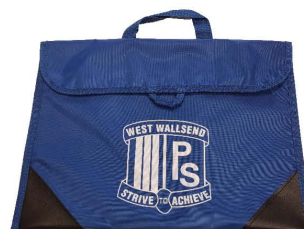
[education.nsw.gov.au](http://education.nsw.gov.au)



## School Library Bags

School library bags are now available to purchase from the front office.

- Waterproof lining
- Reinforced corners
- Carry handle
- Velcro close
- School logo & colour
- Name tag on reverse



**\$10**

# COMMUNITY NEWS

## What is Saver Plus?

- A free ten-month savings program providing financial education, budgeting and savings tips.
- Participants receive up to \$500 from ANZ in matched savings for education costs for themselves or their children.
- Delivered by Brotherhood of St Laurence, The Smith Family, Berry Street and other local community organisations.
- Offered in communities across Australia in every state and territory.

### A Saver Plus Participant's Journey



### Who can join?

- Participants must meet all of the below criteria:
- Be 18 years or over
  - Have a child at school or starting next year, or attend vocational education themselves
  - Have regular income from paid employment (themselves or their partner)\*
  - Have a current Health Care or Pensioner Concession Card
  - Be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*

### Benefits for participants'

- 87%** continue to save the same amount or more 3 to 7 years after completing the program
- 78%** were better equipped for unexpected expenses
- 88%** reported increased self-esteem
- 80%** had more control over their finances

### How did it start?

Saver Plus began in 2003 as a Brotherhood of St Laurence and ANZ pilot program with 268 participants in three sites across Victoria and New South Wales.

Since then, the program has expanded to all Australian states and territories, reaching more than 45,000 people, making it the largest and longest-running program of its kind in the world.

### Since 2003:

- 45,000+** participants
- \$24m+** total amount saved by participants

**\$19m+** matched funds paid by ANZ

### Find out more

- 1300 610 355
- [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)
- [saverplus.org.au](http://saverplus.org.au)
- [@SaverPlusAU](https://www.facebook.com/SaverPlusAU)



\* Many types of income and Centrelink payments are eligible, please contact your local Coordinator for more information.

© BSL University, 2018. A number of Saver Plus program evaluations have been carried out since 2003. For more information see [www.saverplus.org.au](http://www.saverplus.org.au)

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with The Smith Family, Berry Street and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.bsl.org.au](http://www.bsl.org.au) for more information.



## HAVE A BLAST. BE PART OF THE CREW!

Get into Woolworths Cricket Blast. It's a fun and active program for kids of all abilities – whether it's your first time with a bat or you're a backyard cricket star!

- ✓ It's easy to join a crew and make awesome new friends.
- ✓ Wear the colours of your Big Bash heroes.
- ✓ Parents warm up, you can join in too!
- ✓ Outdoors, non-contact.



### JUNIOR BLASTERS

AGES 5-7 | 60 mins | 6+ weeks

Learn new skills, including catching, throwing and teamwork, through fun game based activities.

Sign up now for your Starter Pack. Returning Junior Blasters score a Returner Pack with a Backpack, Ball and choice of bonus item!



### MASTER BLASTERS

AGES 7-10 | 90 mins | 6+ weeks

Everyone gets a chance to bat, bowl and field in short, modified games of cricket. For kids with basic cricket skills.

Sign up now for your Master Blasters Pack!



## You could PLAY Woolworths Cricket Blast for Free!

Thanks to the NSW Government, every student (K-12) is entitled to 2x\$100 Active Kids vouchers each calendar year. Remember to use your voucher when you sign up at [playcricket.com.au](http://playcricket.com.au)



Register now @ [playcricket.com.au](http://playcricket.com.au)

## Good for Kids good for life

### MOVE AND PLAY EVERY DAY



For their best health, kids aged 5-13 years should aim for:



At least 60 minutes of physical activity each day – the more you huff and puff the better!



Non-educational screen-based activities limited to less than 2 hours each day. In your spare time, move more and sit less.



9-11 hours of uninterrupted sleep each night.

Source: Australian Movement Guidelines; [www.health.gov.au](http://www.health.gov.au)



[HNEHLD-GoodForKids@health.nsw.gov.au](mailto:HNEHLD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>

## Good for Kids good for life

### TRADITIONAL INDIGENOUS GAMES



'kal-ka-doon kee-an'

All school-age groups (K-12)

#### Background

In areas of north Queensland, a game of throwing skill was played. A large bone, such as an emu shinbone, with twine attached to it was thrown in to a pit or hole.

#### Short description

The game involves throwing a ball into a small bin target as many times as possible.

#### Equipment

- Use 'foxtail' or a tennis ball in a stocking (or long football sock) as the bone.
- Use a large plastic bin or hoop as the pit or hole.

#### Game play and basic rules

- Play singly or in groups of two to four players.
- Players line up behind one another in their groups.
- Players hold the foxtail a short distance away from the ball and take it in turns to attempt to throw the foxtail ball in to the bin or hoop from 3-5 metres away.
- To avoid interference, the player throwing the foxtail is 2 metres in front of the rest of the line of players (mark a line for this)
- As an extra challenge, the balls are held further down the tail.

#### Scoring

- Players can keep score of successful throw for a set time (2-3 minutes) or set number of turns (four to six).
- If using a hoop, score one point if the foxtail touches or bounces in and out of the hoop, and two points if it stays in the hoop.

Source: Yulunga Traditional Indigenous Games, Sport Australia



[HNEHLD-GoodForKids@health.nsw.gov.au](mailto:HNEHLD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>